



Nurse Burnout Crisis Care

Nurses are currently experiencing burnout and leaving the job at extremely high rates due to fatigue, physical demands of the job, abuse by patients/families, and feeling let down by the system.

It is time for us to start taking care of our Nurses.

Nurses need:

- A compassionate ear
- Skills to manage the stress
- Help resolving past trauma experienced on the job and the way they have been treated

Group and Individual counseling is now being offered to provide that listening ear and skills to manage the stress. Skills being taught will include a combination of EMDR, Vagus Nerve, and DBT strategies. Contact us for an appointment today!



Call Now For Information:

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